



Record of National Quality Award (NQA) Re-Verification Visit

School: Trinity Fields School and Resource Centre

Original date of the WNHSS National Quality Award: 22nd March 2018

NQA Re Verification date: 10th December 2020

Assessor: Carin Quinn

School Representatives: Katie Rupnik

Outcome of visit

Trinity Fields School has successfully completed the re-verification for the Welsh Network of Healthy Schools National Quality Award

Carin Quinn

Signed _____

NQA Re-Verification Visit Criteria

Criteria	Evidence
<p>Areas for further consideration as included in the NQA achievement report have been addressed:</p> <p>1. Maintain this excellent and exemplary approach</p> <p>We are particularly mindful of the role of the governors and senior managers in protecting and sustaining the ethos and practice of the health promoting school. We would strongly encourage the Governing Body and the Senior Management Team at Trinity Fields School to continue to facilitate, support and encourage the excellent work that is being undertaken to protect and promote the wellbeing of all those connected with the school.</p> <p>2. The following points identify a small number of areas where the excellent practice across Trinity Fields School could be further complemented</p> <ul style="list-style-type: none"> • Caffi Oren is a marvellous facility introduced by the school that is widely used by members of the public and staff. Consideration should be given to identifying ways in which an increased number of healthier options could be offered, such as fresh fruit, baked snacks, 	<p>The governors and senior managers continue to facilitate, support and encourage the excellent work undertaken. This has been further highlighted during the recent ESTYN inspection when the school achieved an outstanding report, and more recently when the whole school community has worked tremendously hard together during COVID restrictions.</p> <p>Due to COVID restrictions the caffi is currently closed but there have been changes made since the last verification, whereby a wider selection of healthy options are offered. Caffi Oren has also been awarded 5 star rating in their food and hygiene, and staff have completed up-to-date food hygiene courses.</p>

<p>an increase in salad choices etc.</p> <ul style="list-style-type: none"> • Consideration should be given to further collaborating with the school's catering staff and Caerphilly County Borough Council in terms of lunchtime food provision. While the quality of the food and the nutritional value of the meals are beyond doubt some work could be done to present food differently and also to look at how appetising it is. • Check that all policies have (future) review dates. • The ESDGC Policy is excellent but could be strengthened to reflect the school's approach to global citizenship – we saw and heard evidence of good activity in this area, so policy needs to reflect practice! 	<p>School dinners have been developed to provide more choice making, with the use of the dinner trolley which is healthier and of a better quality as highlighted by the student council</p> <p>Achieved</p> <p>Achieved</p>
<p>All changes to the NQA document as highlighted below have been addressed</p> <p>If the school has been assessed under the Food Standards Agency's Food Hygiene Rating Scheme, then a rating of 4 or more has been achieved</p> <ul style="list-style-type: none"> • School is involved in Designed to Smile, if it has been invited to take part 	<p>Achieved</p>

<ul style="list-style-type: none"> • All food and drink offered throughout the school day is consistent with the Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013 • Schools grounds are smoke free and preclude the use of e-cigarettes on school premises and grounds • The school has a Strategic Equality policy, including objectives and action plan (2016 – 2020) • Updated policies and procedures 	<p>Achieved</p> <p>Achieved</p> <p>Achieved</p> <p>Achieved</p>
<p>Continuous and improved practice since the NQA visit:</p>	<p><u>Food and Fitness:</u> Implementation of MOVE training for staff, and the programme has been embedded in all classes. Relevant staff have completed up-to-date food hygiene courses. Prior to COVID-19 staff were keen to join in with weekly fitness session in the hall, and some took part in a weight loss initiative. A felting club was set up by a member of the PTA which was successful in terms of participation and enabled staff to learn a new skill, chat with their colleagues and be mindful about what they are doing.</p> <p><u>Mental and Emotional Health and Well-being:</u> There is a staff wellbeing Task and Finish group who have been looking at ways to enhance staff wellbeing</p>

	<p>Some members of staff have attended 'Trauma Informed Support' training which is currently being implemented.</p> <p>Since the school re opened post lockdown, the 5 R's to Wellbeing (Re-group, Reflect, Renewal, Relationships and Relaxation) are being used throughout the school.</p> <p>The school is working towards the Vision Friendly Award</p>
<p><i>Ethos and Environment:</i></p>	<p>Trinity Fields will be expanding to further meet the needs of pupils. Classes have been actively involved in sharing ideas about what they would like in the new school, and staff have completed a survey with regards to the consultation for the new build.</p> <p>There are new developments taking place around the school, such as new classrooms, more appropriate common area for older pupils, a poly tunnel, Lewis Lodge, and a new soft play room.</p> <p>There is a weekly wellbeing raffle for all staff which is organised by the Head Teacher</p> <p>Virtual assemblies, and celebration assemblies have been introduced to retain a sense of routine and structure to the school day.</p> <p>Due to COVID policies there is a dedicated space for staff to take their breaks in the hall in order to ensure social distancing is met</p>
<p><i>Family and Community Involvement:</i></p>	<p>Classes use Seesaw as the primary means of contact with parents instead of home school diaries</p> <p>Prior to COVID, classes within the primary department have taken part in 'Share a lesson' with parents. This is where parents come into class and complete the activities set with their child.</p> <p>The school have delivered RSE workshops to parents to show them resources and activities which will be taught</p>

List any discontinued activities /initiatives since the NQA visit:	Where COVID has allowed the school has continued the excellent practices that were highlighted in the original report and has developed these further for example in Forest Schools, trained practitioners in school have joined the WON to share good practice and resources, and Birch class has participated in Therapeutic Forest School sessions.
The school council continue to be involved in health related activities and initiatives:	The school council has always been an important part of the school, and continues to be very proactive and engaged in whole school initiatives. The school has recently been awarded their 3 rd Green Flag, and are due to be awarded their 2 nd Flagship award for Rights Respecting schools
Documents in place:	<u>To be included as part of evidence:</u>
1. Current School Development Plan	Yes
2. Reports obtained since NQA visit e.g. Estyn	Yes
3. Awards achieved since NQA visit e.g. Eco Platinum, Investors in Families	Yes

Summary of Visit:

Mental and Emotional Health and Wellbeing is central to all that happens at Trinity Fields School. The Head teacher and all staff work extremely well together to address the needs of pupils in their care and ensuring that appropriate and effective support is gained. The school undertakes a wide range of successful initiatives to support pupil and staff wellbeing and staff have undertaken up-to-date training to deliver these schemes.

There are clear and appropriate policies and strategies in place, which follow national and local guidance. All policies are regularly reviewed and updated. The school has no-smoking signage on the school gates ensuring that the school and the area around the school is smoke free.

Participation in local and National initiatives as they arise enhances pupils' skills, knowledge and understanding of substance misuse, and the school utilises the police school liaison officer who provides workshops for pupils on relevant age appropriate topics.

All minimum standards are adhered to.

The school has been assessed for the Food Standards Agency's Food Hygiene Rating and awarded a 5 for the school kitchen and Caffi Oren.

It has been a pleasure to support Trinity Fields throughout their healthy schools journey so far and I always enjoy visiting the school. The staff and pupils are extremely welcoming and it is clear that pupils are very happy and enjoy being in school. The healthy schools co-ordinator is fully committed to improving health and well-being throughout the school and is always looking at new ways to support this. Attendance at healthy schools training/ meetings is always high, and review meetings are always up to date. I look forward to supporting you on your next phase, and wish you all the best for the coming year. I've no doubt you will continue to thrive and lead the way in all things health related!