



Visit Cati at her website

www.myschoollunch.co.uk/caerphilly

You can enter competitions and win great prizes, play games and tell Cati what you think of your school dinners.

See you soon. 

Please check www.myschoollunch.co.uk/caerphilly for menu week details, and please check the website regularly for menu updates.

Caerphilly Catering Services reserve the right to change products subject to availability.

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-----------------------------|-------------------------|---|-----------------------|--------------------------------------|
| Main Meal | Lasagne / Pasta Bake | Minced Beef Pie & Gravy | Sliced Pork & Seasoning Served with Gravy | Chicken Curry Various | Fish Portion |
| | Margherita Pizza V | Ravioli & Cheese V | Cottage Pie V | Pizza Bagel V | Cheese & Potato Pie V |
| Carbohydrates | Savoury Herb Diced Potatoes | Parsley Potatoes | Sage & Thyme Dry Roast Potatoes | Rice | Chipped Potatoes Served with Ketchup |
| | Potato Croquettes | Mashed Potatoes | Boiled Potatoes | Potato Croquettes | Boiled Potatoes |
| Vegetables (Salad Available Daily) | Garlic Mushrooms | Carrots | Broccoli | Sweetcorn & Peas | Baked Beans |
| | Baked Beans | Peas | Cauliflower Carrots | Baked Beans | Tomatoes |
| Desserts of the day (Yogurts, Fruit Portion, Fruit & Ice Cream Available Daily) | Yogurt or Fruit | Delight & Fruit Juice | Raspberry Mousse Slice | Fruity Flapjack | Chocolate Cookie & Fruit Juice |

www.myschoollunch.co.uk/caerphilly

